



## Social Dining

Is encouraging people to get out of their homes and meet up with other people to enjoy a meal together. Social dining is a philosophy of using meals specifically as a means to connect with others. It is eating to socialise.

Sycamore Dining provide social dining events in communities where there is a greater risk of people being socially isolated or lonely, such as aging communities. They provide 2 course meals at an affordable price of £3, made from surplus food and prepared by volunteers.

Sycamore Dining encourage carers and organisations supporting vulnerable people in our communities to signpost people to our events.

Our events are advertised on  
Ask Lion

Please book in advance with the venue Activity Coordinator  
or direct



**GET  
TOGETHERS**  
Bringing people together through food



[sycamore-dining.org.uk](http://sycamore-dining.org.uk)



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supporting

